

CERTIFICATE OF PARTICIPATION

This is to certify that

James Wood

Has successfully participated & completed the

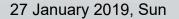
13km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

TIME 01:41:46

PACE 07:48/km **OVERALL** 44 of 108

GENDER 35 of 69 **40 - 49** 15 of 30



outLime

Signature

Date